

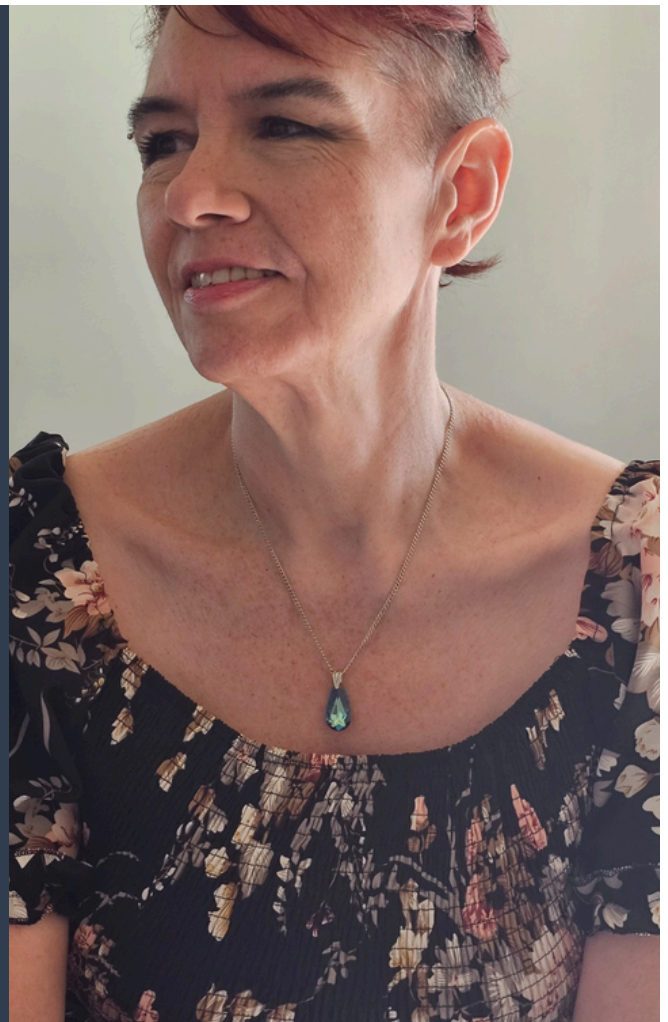
# LoriLynn Smith

Strategic Leadership Director  
Host of the Strategic Leadership Insights Podcast

LoriLynn Smith is a Strategic Leadership Director who teaches leaders how to create clarity, presence, and sustainable performance in complex environments. She has spent more than two decades leading technology programs, strengthening organizational systems, and guiding senior teams through periods of pressure and change.

Her work blends lived experience with research on attention, energy, and performance. After burning out in her 30s, Lori rebuilt her leadership approach with a focus on steadiness and system design. She now teaches the ALIGN Framework as a simple, practical method leaders can use to stay clear and grounded while navigating high responsibility roles.

Lori writes and speaks about clarity, performance, and presence across LinkedIn, her books, and her new YouTube podcast, Strategic Leadership Insights.



## Topics I'm excited to discuss...

Lori gives leaders clear, practical strategies they can use immediately. She focuses on the skills that matter under pressure: steady communication, clean decision making, and sustainable performance.

Audiences walk away with real tools and a grounded understanding of how to lead well in complex environments.

Topics include:

- Strengthening presence during change
- Reducing mental noise and overwhelm
- Designing sustainable performance systems
- Leading with steadiness instead of stress




## Sample Questions:

- How does presence change the way leaders communicate?
- What makes sustainable performance different from productivity?
- How does the ALIGN Framework help leaders when pressure rises?

## Why Choose Me?

- Clear, practical insights from twenty years in leadership roles.
- Calm, grounded delivery that makes complex ideas easy to understand.
- A signature framework (ALIGN) that gives audiences a simple system they can apply immediately.
- Deep experience with high pressure environments and organizational change.
- Strong fit for leadership audiences, women in leadership groups, technology teams, and executive conversations.

## Let's Connect!

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 [LinkedIn Page](#)

## Timeline:

- 2026 | Presenting at Paris Conference on leadership clarity and performance
- 2026 | Launched Strategic Leadership Insights video podcast
- 2025 | Became Director of Strategic Partnerships and Delivery
- 2020 | Completed MBA
- 2010s | Led large scale healthcare technical programs
- 2000s | Coaching certifications
- 2000s | Began leadership career in technology